



Primary Care Information

For life-threatening illness or injuries, call 911 or go to your nearest emergency room

Federally Qualified Health Centers (FQHCs) offer primary care and some specialty care. They offer a sliding scale and accept Medicaid, Medicare, and many other insurance plans. You may be able to use their sliding scale if you do not qualify for insurance. FQHCs require proof of income. If you qualify for insurance based on your income, someone at the clinic can help you enroll.

Access Community Health
866-882-2237
www.accesscommunityhealth.net

Community Health
773-969-5924
www.communityhealth.org

Friend Family Health Center
773-536-49879
www.friendfhc.org

Chicago Family Health Center
773-785-5000
www.chicagofamilyhealth.org

Near North Health Service
312-337-1073
www.nearnorthhealth.org

Howard Brown Health Center
773-388-1600
www.howardbrown.org

PCC Community Wellness Center
773-584-4178
www.pccwellness.org

Mile Square Health Center
312-996-2000
<https://bit.ly/3tXEpNA>

Lawndale Christian Health Center
872-588-3000
www.lawndale.org

Esperanza Health Center
773-584-6200
www.esperanzachicago.org

Alivio Medical Center
773-254-1400
www.aliviomedicalcenter.org

Primecare Community Health, Inc.
312-491-5435
www.primecarehealth.org

Erie Family Health Center
312-666-3494
www.riefamilyhealth.org

Asian Human Services
773-761-0300
www.ahsfhc.org

Hamdard Center for Health & Human Services
773-465-4600
www.hamdardhealth.org

Other places offer primary care services. Many accept Medicaid, Medicare or private insurance, but do not offer a sliding scale. They are typically not affiliated with a hospital, so you may have to go elsewhere for specialty care or imaging (like mammograms). It is important to contact the clinic before making an appointment to make sure they accept your insurance or else you may get an expensive bill. Below are two primary care clinics in Chicagoland:

Aayu Clinics
773-839-4547

Innovative Primary Care
773-270-5600

Oak Street Health (for older adults)
888-203-3307

One Medical
www.onemedical.com (website only)

Many hospitals have primary care providers located across the city. The advantage to a hospital system is that it is able to provide access to their network of specialty services, which is especially helpful if you have complex medical needs. Many offer income-based financial assistance for those who pay out-of-pocket. Below are some hospital systems in Chicagoland; check out their websites or call for more information:

Rush University Medical Center	NorthShore	Advocate Health
University of Illinois at Chicago (UI Health)	Ascension	Northwestern
University of Chicago Medical Center	AMITA	Weiss Medical Center

A walk-in clinic provides a more affordable option for basic medical care than an emergency room. Usually they provide services for minor injuries and illnesses like Covid, strep throat, cuts or skin conditions, as well as services like immunizations, physicals, and health screenings. They often accept insurance and have flat fees for those who pay out-of-pocket. Below are two clinics that are located in pharmacies across Chicagoland:

CVS Minute Clinics 866-389-2727 Services and price list: www.cvs.com/minuteclinic/services/price-lists	Advocate Clinics at Walgreens 800-323-8622 Services and price list: www.advocatehealth.com/walgreens/
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An urgent care center is similar to a walk-in clinic, but is able to treat more serious non-life threatening illnesses or injuries. They help people avoid the need for more expensive medical services, such as in an emergency room. They often have an X-ray machine on site. Most clinics have multiple locations across Chicagoland:

Midwest Express Clinic 312-429-5690	Family Urgent Care 312-787-9199	Advocate Express Care 312-528-5554
NorthShore Immediate Care Center 224-364-2273	Aayu Clinics 773-839-4547	Advocate Immediate Care Center 312-766-4949
Physicians Immediate Care 773-739-9200	Concentra Urgent Care 312-243-1574	Northwestern Medicine Immediate Care 312-694-2273
Alliance Immediate & Primary Care 773-754-3500	Innovative Express Care 773-270-5600	Michigan Avenue Immediate Care 312-201-1234

There are also primary care services that are strictly online and offer care through telehealth. They typically provide prescriptions for blood pressure, diabetes, mental health, UTIs and other concerns. If you have insurance, your plan may also offer telehealth services for common concerns for a flat fee. Below are some online telehealth sites:

Sesame www.sesamecare.com	PlushCare https://plushcare.com/	Teledoc www.teledoc.com
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Zocdoc (www.zocdoc.com) is a website where you can find providers based on condition, insurance plan, and location.